



# Nationale Gesundheitsförderungs-Konferenz

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### **Can the lifecourse approach help shape public health policy? (e)**

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**Inhalt:** This presentation will introduce the lifecourse approach to epidemiology and suggest how life course research can inform decisions around policy interventions. It will focus on issues such as timing of interventions at different stages of the lifecourse; targeting interventions at different groups in the population; and directing interventions to different policy domains. Examples of cross-national research and evidence will be used to highlight each concern. These include research on the benefits of breastfeeding across the lifespan and cross-national evidence on breastfeeding policies in Europe and comparative research on health decline with age and the implications for work and health policies.